



Event Registration, Release & Waiver of Liability, Assumption of Risk and Indemnity Agreement

For participation in: Mumbles Duathlon, Mumbles (included related programs and/or events) (hereinafter, the event)

Please read this document carefully before signing. This document has legal consequences and will affect your legal right, and will limit or eliminate your ability to bring future legal actions. I understand and acknowledge that by signing below, I am legally agreeing to the terms and rules for the event.

Terms

- I understand that I take part in the event at my own risk and of my own free will. I understand that whilst the course has been made as safe as possible, this event is not without risk and that the events require varying degrees of Physical excursion.
- I have read the information pack provided by Activity Wales Events Ltd.
- I confirm that I do not know of any medical reason why I cannot participate in the event and that I have prepared accordingly. I understand that if in doubt about my health or have a medical condition that could be affected by exercise (other than what has already been stated), particularly a heart condition; I should obtain my doctor's approval before participation.
- I confirm I am over 18 years of age.
- I understand that the organisers may take photographs or video footage of me taking part in the event and permit them to use the images and film for promotional purposes.
- I confirm that my details may be passed on to relevant 3rd parties (Such as St John's Ambulance, Hospital etc) in the event of illness or injury occurring.
- If I am unable to complete any section of the event, I will be given a DNF and MUST report to a race official with my timing chip. (Replacement chip costs £75)

Rules

I confirm I will abide by the following rules. Should I not, I will be penalised or disqualified from the event by the race Referee.

- Foul and abusive language is not permitted and the failure to obey a marshal, police or Referee will lead to disqualification. Marshals are usually volunteers to help with running of the events, and I will respect them and thank them for their efforts.
- All race briefings are mandatory. Failure to attend will lead to my disqualification.
- Cut off times are in place for my own safety. If I refuse to be picked up by the safety vehicle when the cut offs are enforced, I am no longer the responsibility of the events team and will carry on unsupervised at my own risk.
- I understand that the cycle section takes place on open road and that I have to obey the Highway Code at ALL times. Cyclists are also not permitted to ride 2 abreast on the roads at any time.

Please bring this form back signed along with your photo ID with you to Registration. Failure to hand this document in at registration, will mean you cannot race.

PRINT FULL NAME _____

EVENT _____

ADDRESS _____

SIGNED _____

DATE _____